



CHAWLA  
ORTHODONTICS

# S-p-a-c-e-r-s or SEPARATORS

TO MAKE IT EASIER FOR YOU, BEFORE PLACING YOUR FIXED APPLIANCES, WE MAY HAVE TO MAKE SPACE BETWEEN YOUR TEETH TO ALLOW THE BANDS TO GO INTO PLACE.

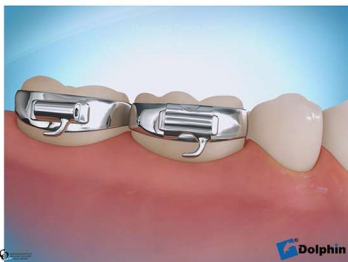
**SMALL SPRINGS OR PLASTIC MODULES** are two types of spacers we use. Slowly, over a few days, they gently move certain teeth slightly apart to allow us to accurately place the bands onto your teeth during your next appointment.



BEFORE

**\*This may cause temporary soreness, but this will go away in a few days.**

RINSING with warm salt water can help relieve this soreness and even your usual chewing can help speed the process of getting your teeth back to normal.



AFTER

**IMPORTANT!** - If you lose a spacer, call us so we can replace it. We need that space at your next appointment to place your braces in the most comfortable manner

**NOTE:** Do NOT floss where we have placed the spacers!



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