



CHAWLA
ORTHODONTICS

S-p-a-c-e-r-s

or SEPARATORS

TO MAKE IT EASIER FOR YOU, BEFORE PLACING YOUR FIXED APPLIANCES, WE MAY HAVE TO MAKE SPACE BETWEEN YOUR TEETH TO ALLOW THE BANDS TO GO INTO PLACE.

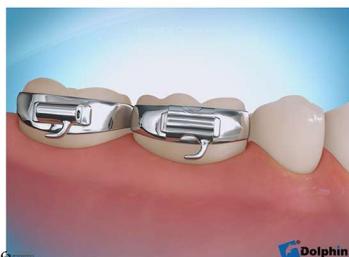
SMALL SPRINGS OR PLASTIC MODULES are two types of spacers we use. Slowly, over a few days, they gently move certain teeth slightly apart to allow us to accurately place the bands onto your teeth during your next appointment.



BEFORE

***This may cause temporary soreness, but this will go away in a few days.**

RINSING with warm salt water can help relieve this soreness and even your usual chewing can help speed the process of getting your teeth back to normal.



AFTER

IMPORTANT! - If you lose a spacer, call us so we can replace it. We need that space at your next appointment to place your braces in the most comfortable manner

NOTE: Do NOT floss where we have placed the spacers!



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630.914.6060
www.chawlaortho.com
Westmont • Villa Park