

# Chawla Orthodontics and Dentistry for Kids

## A NEWSLETTER

HELPING DUPAGE COUNTY FAMILIES SMILE BRIGHTER SINCE 2011.



## Spring into a New Smile! A Message from Dr. Sumit Chawla

I'm Dr. Sumit Chawla, a proud second-generation orthodontist serving the Downers Grove, Westmont, Villa Park, and surrounding communities where I grew up. As a board-certified orthodontist, I've dedicated the past decade to helping patients achieve healthy, confident smiles. Inspired by my parents' passion for dental health, I'm honored to continue this legacy with Chawla Orthodontics and Dentistry for Kids.

With spring just around the corner, it's the perfect time for fresh starts—whether that means beginning orthodontic treatment or helping patients stay on track with their care. We're grateful for our trusted partnerships with referring doctors and the opportunity to work together in creating beautiful, lasting smiles. Your support and collaboration mean the world to us!

As we welcome the new season, we look forward to growing alongside our incredible dental community. Wishing you a spring full of bright smiles, new opportunities, and maybe even a little luck along the way!



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## Healthy Resolutions for a Bright Year

The New Year is a perfect time to set goals for a healthier lifestyle. Here are some of our top tips for creating resolutions that stick:

1. **Focus on Oral Health:** Commit to brushing twice a day, flossing daily, and visiting the dentist every six months.
2. **Drink More Water:** Stay hydrated and protect your teeth by avoiding sugary drinks.
3. **Start Early with Orthodontics:** If your child is 7 or older, it's time for their first orthodontic checkup! Early intervention can prevent bigger problems later.
4. **Smile More:** Confidence is contagious. Start the year with a smile, and it will set the tone for the months ahead.

## Why Refer Orthodontic Patients at Age 7?

The American Association of Orthodontists recommends that children see an orthodontist by age 7. Why so early?

- **Catch Problems Early:** Issues like crowding, overbites, and crossbites can be easier to treat when caught early.
- **Guide Jaw Growth:** Early treatment can help guide jaw growth and avoid more invasive procedures later.
- **Save Time & Money:** Starting treatment early can reduce the time and cost of orthodontics in the future.

We're happy to partner with local pediatricians and dentists to ensure kids in our community get the best care. If you know a child who could benefit from an evaluation, send them our way!



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ORTHODONTICS  
& DENTISTRY FOR KIDS

# Start Your Smile Journey Today

We're here to make 2025 your best year yet! Whether you're ready to start orthodontic treatment or schedule your child's next dental cleaning, we're excited to serve you.

## Before and After Success Stories

At Chawla Orthodontics, we're transforming smiles and lives. Here's one of our favorite transformations from last year.

### Patient Spotlight:



Severe crowding and an overbite.



A radiant, confident smile after 18 months of braces!

## Call Today to Schedule an Appointment!

**630.914.6060**

Visit us online:  
[chawlaortho.com](http://chawlaortho.com)

### Locations:

**Chawla Orthodontics Westmont:**  
519 N. Cass Ave., Suite 401, Westmont, IL 60559

**Chawla Orthodontics Villa Park:**  
101 E. St. Charles Rd., #101, Villa Park, IL 60181

Here's to a year of healthy habits, big smiles, and new beginnings!

Warm regards,

**Dr. Sumit Chawla**  
Chawla Orthodontics & Dentistry for Kids



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