

# Chawla Orthodontics and Dentistry for Kids

## WINTER/HOLIDAY NEWSLETTER

ROOTED IN PURPOSE. DESIGNED FOR GREATNESS.



### Smiles That Sparkle This Season!

The holidays are here—filled with joy, laughter, and photo-worthy moments. Make sure your smile shines bright through it all!



### Use Your Dental Benefits Before they Expire

There's still time to use your dental insurance or flexible spending account benefits before the year ends! We proudly accept most insurance plans for orthodontics and pediatric dentistry. Make sure to use any remaining dental benefits or flex spending account dollars before they expire at the end of this year.



### Gift Yourself Your Dream Smile

It's never too late to invest in your smile! Adult orthodontic treatment is more convenient and discreet than ever—with options like clear aligners and modern braces designed to fit your lifestyle.

#### BENEFITS OF ADULT TREATMENT INCLUDE:

- Improved confidence and self-esteem
- Better oral health and easier cleaning
- Relief from jaw pain or bite issues
- Discreet options like clear aligners or ceramic braces
- Smiles you'll be proud to show off in every holiday photo



FREE ORTHODONTIC CONSULTATIONS



## Holiday Treat Tips for Braces

Sweet treats are everywhere this time of year! Stay braces-safe with these tips:

### TREATS TO ENJOY:

- ✓ Soft cookies
- ✓ Brownies
- ✓ Chocolate (no nuts or caramel)

### TREATS TO SKIP:

- ✗ Candy canes
- ✗ Toffee
- ✗ Popcorn
- ✗ Nuts

Remember to brush after indulging to keep your smile merry and bright!

## Smile Transformations: Before & After Spotlight

Nothing warms our hearts more than seeing our patients' amazing smile journeys. Follow us on social for real patient results!



BEFORE



AFTER

## Follow the Fun Online

Follow the Fun Online We're decking the halls and dazzling the feeds—join the holiday fun! Follow us on Facebook and Instagram for festive photos and patient celebrations.

  @ChawlaOrtho

With gratitude,  
**Dr. Sumit Chawla, DMD, MBA**  
*Board-Certified Orthodontist*

## Grateful for Your Trust

As we reflect on the year, we want to extend our heartfelt thanks to the amazing dental professionals who trust us with their patients' orthodontic and pediatric dental care. Your referrals mean the world to us, and we are honored to be part of your patients' smile journeys.

Thank you for your continued support and partnership—we're grateful to work alongside you to create healthy, confident smiles.



**CHAWLA**  
ORTHODONTICS  
& DENTISTRY FOR KIDS

